

## HEALTH HISTORY

Today's Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

In order to aid us in the selection of the proper treatment program, we ask that you complete the following health screening.

Do you have any of the following health conditions?

<b>Rheumatoid Arthritis</b>	Yes	No	<b>Emphysema/Asthma</b>	Yes	No	<b>Lupus</b>	Yes	No
<b>Osteoarthritis</b>	Yes	No	<b>Diabetes</b>	Yes	No	<b>Gout</b>	Yes	No
<b>Heart Problems</b>	Yes	No	<b>History of Cancer</b>	Yes	No	<b>Epilepsy</b>	Yes	No
<b>High Blood Pressure</b>	Yes	No	<b>Immunosuppression</b>	Yes	No	<b>Infection</b>	Yes	No
<b>Cerebral Vascular Accident</b>	Yes	No	<b>Mental Illness</b>	Yes	No	<b>Head Injury</b>	Yes	No
<b>Alzheimer's/Parkinson's</b>	Yes	No	<b>Fracture (suspected)</b>	Yes	No	<b>Fibromyalgia</b>	Yes	No
<b>Lyme's Disease</b>	Yes	No						

Have you experienced any of the following symptoms?

<b>Stiffness or painful joints/muscles?</b>	Yes	No	<b>Swelling in the feet or ankles?</b>	Yes	No
<b>Headaches (frequent)?</b>	Yes	No	<b>Unusual bleeding?</b>	Yes	No
<b>Chest or jaw discomfort with exertion?</b>	Yes	No	<b>Easy bruising?</b>	Yes	No
<b>Buzzing or ringing in the ears?</b>	Yes	No	<b>Are you taking any blood thinner?</b>	Yes	No
<b>Dizziness?</b>	Yes	No	<b>Do you have a pacemaker?</b>	Yes	No
<b>Earaches (frequent)?</b>	Yes	No	<b>Do you have any metal implants?</b>	Yes	No
<b>Shortness of breath with exertion?</b>	Yes	No	<b>Are you pregnant?</b>	Yes	No
<b>Do you smoke?</b>	Yes	No			

Please list any over-the-counter and prescribed medications you are presently taking

(Attach another sheet if necessary):

Medication Name, Dosage & Times per Day Taken

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Do you have any allergies? Yes No If YES, please list \_\_\_\_\_

Have you undergone any surgical procedure other than what you are currently being treated? Yes No  
If YES, please list \_\_\_\_\_

Are there any other conditions or symptoms for which you have or are currently being treated? Yes No  
If YES, please list \_\_\_\_\_

Has your physician ever indicated that you cannot exercise or perform other activities (I.e. jogging, swimming, lifting) or specified any job restrictions? Yes No If YES, please list \_\_\_\_\_

Have you received physical, occupational or speech therapy services in the current calendar year at another location/facility? Yes No If YES, please list \_\_\_\_\_

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Therapist's Signature

## Pain Rating Scale:

### Instructions

Please rate your major area of pain on the 0 - 10+ Pain Rating Scale by writing the number of your pain, considering the descriptions provided, at the present time, at your best and at your worst over the past 30 days.

Also, indicate the area where your pain is located and what type of pain you feel at the present time. Use the symbols below to describe your pain. Do not indicate areas of pain which are NOT related to your present injury or condition.

Pain Rating	Now _____
Over Past 30 Days	Best _____
Over Past 30 Days	Worst _____

### Level of Pain:

10+	Maximal Pain
10	Very, Very Strong Pain
9	
8	
7	Very Strong Pain
6	
5	Strong Pain
4	Somewhat Strong Pain
3	Moderate Pain
2	Weak Pain
1	Very Weak Pain
0	No Pain

### Areas of Pain:

IIIII	Stabbing Pain
xxx	Burning Pain
000	Pins and Needles Pain
===	Numbness

